

Mumbai Kidney Foundation

Mumbai Kidney Foundation (MKF) is a project of *Jivan Jyot Charitable Trust* endeavoring to brighten the lives of chronic kidney disease patients.

It is a small effort launched on the auspicious occasion of the first World Kidney Day (9th March 2006) for education, prevention, treatment of kidney disease and rehabilitation of kidney patients.

About MKF's mission:

1) For the common man

MKF mainly aims at creating awareness of kidney diseases by,

- a) Conducting health check up camps
- b) Distribution of educational material
- c) Conducting lectures and discussions for patients
- d) Identifying high risk individuals such as hypertensives, diabetics, relatives of patients suffering from chronic kidney diseases and counseling them about regular kidney check ups.
- e) Educating general practitioners regarding early detection and treatment of CKD patients through regular updates and CMEs.

2) For the Chronic Kidney Disease (CKD) patients

- a) Creating a support group of CKD patients by regular meetings, get-togethers and functions helping them to meet similar patients and discuss common problems.
- b) Providing subsidy by way of a drug bank.
- c) Providing subsidy in investigations and consultations with Nephrologists and other allied branches.
- d) Providing services of medical counselor, psychologist and dietician; spiritual discussions; yoga and meditation at our centers.

3) For End-Stage renal disease patients (ESRD)

- a) Providing subsidized dialysis.
- b) Discount on medicines and injection erythropoietin.
- c) Organising blood donation camps.
- d) Providing food grains and educational help to patient's children.
- e) Promotion of cadaveric transplant.

4) For transplant patients

- a) Providing transplant packages at reasonable rates.
- b) Providing subsidized transplant medicines.
- c) Felicitating kidney donors and forming a transplant club by the transplant patients and of the transplant patients.

5) Rehabilitation of ESRD patients- both dialysis and transplantation

This area at present is neglected and needs special attention to improve the quality of life of ESRD patients giving them dignity and much needed finance to fund their own treatment.

- 1) Providing them ,
 - Aarey milk vending booths
 - Tea-Coffee vending machines
 - Telephone booths
 - Xerox, fax centers
- 2) The trust will start small enterprises like cyber cafes, communication centers, computer classes, coaching classes, women's small scale enterprises, etc. and utilize their skills to provide them with jobs.
- 3) Providing help for kidney patients and their dependents in some form of vocational training

6) Lobbying with the government

Along with like minded foundations such as National Kidney Foundation, Narmada Kidney Foundation and other NGOs to actively make representations to government regarding important CKD related health issues.

- a) Offering handicap status to dialysis patients, helping them with travel, jobs and subsidies.
- b) Procuring subsidy and excise duty cuts in dialysis equipments, CAPD (chronic ambulatory peritoneal dialysis) material and drugs.
- c) Promoting a rational transplant programme.

(7) Setting up a dialysis unit for HIV positive patients

This will be a boon to CKD patients requiring hemodialysis and who are also HIV positive as no dialysis centres offer dialysis to such patients.

(8) Setting up a Mobile dialysis unit

The details about this project are elsewhere in this issue.

How Can You Help?

- 1) Become a MKF member and promote the cause of kidney patients, spread awareness of disease and also avail of subsidies in different aspects of CKD management for your friends and well wishers.
- 2) Select any area and voluntarily help the organization by becoming a Well wisher.
- 3) Contribute financially and gain the blessings of the hapless CRF patients.
- 4) Adopt a kidney patient by joining the various schemes for dialysis and transplant patients.

Contributions to the trust are exempt 50% under section 80-G and 100% under section 35A-C of the IT Act.

Cheques should be drawn on ***Jivan Jyot Charitable Trust A/C Mumbai Kidney Foundation.***

More details about our foundation are available at our website

www.mumbaikidneyfoundation.org

For any queries, you can also contact the ***office of Mumbai Kidney Foundation*** at

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